

Shivārādhnam

The Companion Booklet

॥ श्रीः ॥

Compiled and edited under the guidance of
Śrī Svāmī Vāgīśānanda Sarasvatī

Track two: Vighneśvara Mantraḥ

om śuklāmbaradharam viṣṇum śaśivarṇam caturbhujam
prasannavdanam dhyāyet sarvavighnopaśāntaye om

ॐ शुक्लांबरधरं विष्णुं शशिवर्णं चतुर्भुजम्
प्रसन्नवदनं ध्यायेत् सर्वविघ्नोपशान्तये ॐ

Tracks five & six: Om Namaḥ Śivāya Mantraḥ

om namaḥ śivāya

ॐ नमः शिवाय

Track seven: 108 Names of Śiva

om atha śivanāmāvaliḥ

॥ ॐ अथ शिवनामावलिः ॥

- 1) You are limitless-fullness born of non-dual self-knowledge.

om śivāya namaḥ

ॐ शिवाय नमः ।

- 2) You are the limitless God of all gods; King of kings.

om maheśvarāya namaḥ

ॐ महेश्वराय नमः ।

- 3) You are the auspicious cause-less-cause of the whole universe.

om śambhave namaḥ

ॐ शंभवे नमः ।

- 4) You are the bow-man, protector of Dharma who protects the ones who live ethically. And you are the laws that give pain to the ones who don't.

om pinākine namaḥ

ॐ पिनाकिने नमः ।

- 5) You wear the moon and all satellites as a majestic crown.

om śaśīsekharāya namaḥ

ॐ शशिशेखराय नमः ।

- 6) You are the most handsome self-effulgent Lord of the Sacred Feminine.

om vāmadevāya namaḥ

ॐ वामदेवाय नमः ।

- 7) All eyes are your eyes. Your attention is resting effortlessly in the eye of non-dual one-ness.

om virūpākṣāya namaḥ

ॐ विरूपाक्षाय नमः ।

- 8) Your massive dreadlocks cover all space-time.

om kapardine namaḥ

ॐ कपर्दिने नमः ।

- 9) Your color is all colors of earth and sky. You are the auspicious indigo.

om nīlalohitāya namaḥ

ॐ नीललोहिताय नमः ।

10) You are the most compassionate giver of grace-knowledge and freedom from suffering. You are the walking springtime of auspiciousness.

om śaṅkarāya namaḥ

ॐ शङ्कराय नमः ।

11) You are all-gentleness, gracefully wielding the scepter of infinite power in your hand.

om śūlapāṇaye namaḥ

ॐ शूलपाणये नमः ।

12) You wear death and destruction as your ornament, for you are timeless-indestructible.

om khaṭvāṅgine namaḥ

ॐ खट्वाङ्गिने नमः ।

13) You unconditionally love and honor all Sacred Feminine; your own body's left half.

om viṣṇuvallabhāya namaḥ

ॐ विष्णुवल्लभाय नमः ।

14) You are the colorless light of lights, appearing in infinite rainbows.

om śipiviṣṭāya namaḥ

ॐ शिपिविष्टाय नमः ।

15) You are the-infinite-infallible father of fathers; united in sacred oneness with the mother of mothers.

om ambikānāthāya namaḥ

ॐ अम्बिकानाथाय नमः ।

16) Your majestic neck shines, uniting head and heart in perfect consonance.

om śrīkaṅṭhāya namaḥ

ॐ श्रीकण्ठाय नमः

17) You are the most compassionate protective mother to all of us who take refuge at your lotus feet.

om bhaktavatsalāya namaḥ

ॐ भक्तवत्सलाय नमः ।

18) Being one non-dual uncaused-cause, you are the source and origin of infinite beings.

om bhavāya namaḥ

ॐ भवाय नमः ।

19) You are all death and destruction who blesses us with knowledge of I-indestructible-being.

om śarvāya namaḥ

ॐ शर्वाय नमः ।

20) You are 'I-this' experience, immediately known in all experiences; waking, dream, deep sleep.

om trilokeśāya namaḥ

ॐ त्रिलोकेशाय नमः ।

21) Your neck and throat, relaxed and open; not choked by any form of denial of even the deepest pain.
All pain is you, and you're not pained.

om śitikaṇṭhāya namaḥ

ॐ शितिकण्ठाय नमः ।

22) You unconditionally love your profoundly-sacred feminine-being.

om śivāpriyāya namaḥ

ॐ शिवाप्रियाय नमः ।

23) You create fear in those who resist any fact they cannot change. You are the 'now' time of death; 'now' death of time.

om ugrāya namaḥ

ॐ उग्राय नमः ।

24) You carry human skull as begging-bowl; you, deathless being, so unafraid of death. Protection in my every breath is Thee.

om kapāline namaḥ

ॐ कपालिने नमः ।

25) You are the neutralizer of reaction and compulsive behavior by destroying my ignorance and denial.
When all this is 'I', where pray tell can possessiveness lie?

om kāmāraye namaḥ

ॐ कामारये नमः ।

26) You dispel the great daemon-darkness of ignorance through the sacred light of Self-knowledge.

om andhakāsurasūdanāya namaḥ

ॐ अन्धकासुरसूदनाय नमः ।

27) You receive the Goddess Gaṅgā; flowing grace and knowledge in your hair.

om gaṅgādhārāya namaḥ

ॐ गङ्गाधराय नमः ।

28) You see all through opened eye of non-dual vision in your forehead.

om lalāṭākṣāya namaḥ

ॐ ललाटाक्षाय नमः ।

29) You are the timeless basis of time. You remove the concept of death in your devotees.

om kālakālāya namaḥ

ॐ कालकालाय नमः ।

30) You are the source and priceless treasure of complete unconditional acceptance and validation.

om kṛpānidhaye namaḥ

ॐ कृपानिधये नमः ।

31) You are manifest as all frightening forms and bless us with fearlessness when we surrender our fears to you.

Oh fear, I'm not afraid of you!

om bhīmāya namaḥ

ॐ भीमाय नमः ।

32) You are infallible justice, protector of those who follow universal values. And you chastise those who go against them.

om paraśuhastāya namaḥ

ॐ परशुहस्ताय नमः ।

33) You support all wild beasts in yourself without resistance; ever-gentle all-protection-being.

om mṛgapāṇaye namaḥ

ॐ मृगपाणये नमः ।

34) You are the sacred aboriginal man dancing wild; one with Mother Nature, your dreadlocks flying.

om jaṭādhārāya namaḥ

ॐ जटाधराय नमः ।

35) You meditate on yourself, so cool in mountain peak.
You are the peaceful centre of the universe.

om̐ kailāsavāsine namaḥ

ॐ कैलासवासिने नमः ।

36) You wear the armor of non-dual self-knowledge where there
is no fear, for there is nothing to protect yourself from.
You bless us with this same knowledge.

om̐ kavacine namaḥ

ॐ कवचिने नमः ।

37) You are changeless; the-secure nourishment-being.
You fill us with ultimate nourishment and security.

om̐ kaṭhorāya namaḥ

ॐ कठोराय नमः ।

38) You are Self-knowledge that destroys the notion of
duality in every seer-seen-thought in every experience.

om̐ tripurāntakāya namaḥ

ॐ त्रिपुरान्तकाय नमः ।

39) Wilder than the wildest bull you effortlessly ride:
Umā, glorious Goddess as your left side.

om̐ vṛṣāṅkāya namaḥ

ॐ वृषाङ्काय नमः ।

40) You are the master of all minds and senses
through reverence and non-resistance.

om̐ vṛṣabhārūdhāya namaḥ

ॐ वृषभारूढाय नमः ।

41) Purity-knowledge-ashes cover your form
(all forms) from head to foot.

om̐ bhasmoddhūlitavigrahāya namaḥ

ॐ भस्मोद्धूलितविग्रहाय नमः ।

42) You revel in yourself listening to Vedic
hymns (revealing one-ness).

om̐ sāmapiyāya namaḥ

ॐ सामप्रियाय नमः ।

43) From your silence-being, all sounds appear.

om̐ svaramayāya namaḥ

ॐ स्वरमयाय नमः ।

44) You manifest as the phenomena of birth, sustenance and death.

om trayīmūrtaye namaḥ

ॐ त्रयीमूर्तये नमः ।

45) You are the-infinite-ruler who has no ruler above him.

om anīśvarāya namaḥ

ॐ अनीश्वराय नमः ।

46) You are the knower-known-knowledge of all beings, at all times, at all places.

om sarvajñāya namaḥ

ॐ सर्वज्ञाय नमः ।

47) You are the nature of 'I' as limit-less being-ness; free from limitations of time, space and objectivity.

om paramātmane namaḥ

ॐ परमात्मने नमः ।

48) Your three eyes are the sun, the moon and non-dual-knowledge-fire.

om somasūryāgnilocanāya namaḥ

ॐ सोमसूयाग्निलोचनाय नमः ।

49) You are the spirit of sacrifice in all rituals. And you are the offering, too.

om haviṣe namaḥ

ॐ हविषे नमः ।

50) You are the spirit-attitude which is born of understanding that all words and actions are worship of your infinite, intelligent being.

om yajñamyāya namaḥ

ॐ यज्ञमयाय नमः ।

51) You are ever-sacredly united with Goddess Umā.

om somāya namaḥ

ॐ सोमाय नमः ।

52) Your five faces are the five elements; space, air, fire, water, earth.

om pañcavaktrāya namaḥ

ॐ पञ्चवक्राय नमः ।

53) Ever-abiding in knowledge of your nature; you are existence-awareness-limitless

om sadāśivāya namaḥ

ॐ सदाशिवाय नमः ।

54) You exist as amoebas to blue whales;
as the quark to quasars; un-manifest to
manifest; big-bangs every picosecond.

om̐ viśveśvarāya namaḥ

ॐ विश्वेश्वराय नमः ।

55) You are more powerful than a billion black holes
while being gentler than the gentlest,
non-manipulative being

om̐ vīrabhadrāya namaḥ

ॐ वीरभद्राय नमः ।

56) Your essence is non-dual-one without a second,
compassionately presiding over all that can be counted
(from particles to galaxies), which have no independent
being, apart from You.

om̐ gaṇanāthāya namaḥ

ॐ गणनाथाय नमः ।

57) You are the-infinite-infallible father of all fathers.

om̐ prajāpataye namaḥ

ॐ प्रजापतये नमः ।

58) You are illumination, pure-awareness,
knowledge-seed of all seeds. You are infinite potency
manifest in all time-space (*now-now!*).

om̐ hiraṇyaretase namaḥ

ॐ हिरण्यरेतसे नमः ।

59) You are invincible power that has no equal.
Nothing you can gain or lose...remains fullness...same.

om̐ durdharṣāya namaḥ

ॐ दुर्धर्षाय नमः ।

60) You are the Lord of all Vedic words and meanings:
So rarefied the air; majestic mountain god.

om̐ giriśāya namaḥ

ॐ गिरिशाय नमः ।

61) You are the soul and spirit felt in all classical
devotional music and Vedic prayers.

om̐ giriśāya namaḥ

ॐ गिरिशाय नमः ।

62) You are free from guilt and hurt, ignorance and pain;
nourishment in every tear and every drop of rain.

om̐ anaghāya namaḥ

ॐ अनघाय नमः ।

63) Your arms, adorned with venomous cobras;
unaffected, unconcerned.

om̐ bhujāṅgabhūṣaṅāya namaḥ

ॐ भुजङ्गभूषणाय नमः ।

64) You are the fire of knowledge;
great burner of self-ignorance and all its broods.

om̐ bhargāya namaḥ

ॐ भर्गाय नमः ।

65) You carry the venerable Dharma-bow of integrity;
intellectual honesty. You protect those who protect Dharma.

om̐ giridhanvane namaḥ

ॐ गिरिधन्वने नमः ।

66) You love alone-ness; not lonely seeks. Your majesty
abides; can't hide in all these lofty mountain peaks.

om̐ giripriyāya namaḥ

ॐ गिरिप्रियाय नमः ।

67) You sit uninvolved and unaffected on the
dead skin of all ignorance-bound life; ever alive in
death-less-ness, you-being.

om̐ kṛttivāsase namaḥ

ॐ कृत्तिवाससे नमः ।

68) You are the beginning-less beginning of all sacred cycles.
You are the-infinite-giver, manifest as this given universe.

om̐ purārātaye namaḥ

ॐ पुरारातये नमः ।

69) You are all glorified qualities in limitless measure.

om̐ bhagavate namaḥ

ॐ भगवते नमः ।

70) You are the foremost illustrious King of kings.
You protect by blessing us with wisdom.

om̐ pramathādhipāya namaḥ

ॐ प्रमथाधिपाय नमः ।

71) You have conquered over death
and all disease of becoming.

om̐ mṛtyuñjayāya namaḥ

ॐ मृत्युञ्जयाय नमः ।

72) Your body is subtler and more pervasive than space. You give absolute accommodation without involvement; without the slightest resistance.

om̐ sūkṣmatanave namaḥ

ॐ सूक्ष्मतनवे नमः ।

73) By giving existence-awareness without a thought or process, you pervade the whole seen-gone universe, which is simply 'forms' with 'names'.

om̐ jagadvyāpine namaḥ

ॐ जगद्वापिने नमः ।

74) You are the most venerable teacher of all teachers.

om̐ jagadgurave namaḥ

ॐ जगद्गुरवे नमः ।

75) Your hair covers all space-time.

om̐ vyomakesāya namaḥ

ॐ व्योमकेशाय नमः ।

76) You are the leader of leaders, general of all armies; protecting Dharmic people who protect Dharma.

om̐ mahāsenajanakāya namaḥ

ॐ महासेनजनकाय नमः ।

77) You are the renowned in all the great accomplishments of all men at all times. You are the fame of fame; beyond all names.

om̐ cāruvikramāya namaḥ

ॐ चारुविक्रमाय नमः ।

78) You're found in tears of deepest pain, gushing forth in countless years of rain. You remove Self-ignorance and all its broods. You are 'I'; crier, cried and crying; di-er, died and dying; alive in all this death, the same.

om̐ rudrāya namaḥ

ॐ रुद्राय नमः ।

79) You are the-infallible-father of all living beings.

om̐ bhūtapataye namaḥ

ॐ भूतपतये नमः ।

80) You are the peace and stillness; the majesty in all mountains.

om̐ sthāṇave namaḥ

ॐ स्थाणवे नमः ।

81) You are the teacher of teachers;
worshipped at the foot of the sacred tree of life.

om ahaye budhnyāya namaḥ

ॐ अहये बुध्याय नमः ।

82) Infinite space alone is your cover; coverless cover.

om digambarāya namaḥ

ॐ दिगम्बराय नमः ।

83) Your form has eight symbols;
the five elements, sun, moon and me, your devotee.

om aṣṭamūrtaye namaḥ

ॐ अष्टमूर्तये नमः ।

84) You are manifest as the notional 'I' in all
beings; you, remaining free from all concepts.

om anekātmane namaḥ

ॐ अनेकात्मने नमः ।

85) You are infinite-knowledge, unqualified,
while appearing in all qualities.

om sāttvikāya namaḥ

ॐ सात्त्विकाय नमः ।

86) Your form is purity itself
which cannot become impure.

om śuddhavigrahāya namaḥ

ॐ शुद्धविग्रहाय नमः ।

87) You are timeless existence.

om śāśvatāya namaḥ

ॐ शाश्वताय नमः ।

88) You carry the thunderbolt axe
of clear discrimination.

om khaṇḍaparaśave namaḥ

ॐ खण्डपरशवे नमः ।

89) Creating everything, you remain uncreated.

om ajāya namaḥ

ॐ अजाय नमः ।

90) You are the one who frees all beings
from bondage of self-ignorance.

om pāśavimocakāya namaḥ

ॐ पाशविमोचकाय नमः ।

91) You are just softer than the softest flower.
You are all-compassion which gladdens our hearts.

om̐ mṛḍāya namaḥ

ॐ मृडाय नमः ।

92) You are the Lord of all animals.

om̐ paśupataye namaḥ

ॐ पशुपतये नमः ।

93) You are self-effulgent; light of all lights.

om̐ devāya namaḥ

ॐ देवाय नमः ।

94) You are the limitless light of all lights;
self-effulgent awareness.

om̐ mahādevāya namaḥ

ॐ महादेवाय नमः ।

95) You are changeless, timeless, being-immutable.

om̐ avyayāya namaḥ

ॐ अव्ययाय नमः ।

96) You are the remover of sorrow
and its cause, self-ignorance.

om̐ haraye namaḥ

ॐ हरये नमः ।

97) Your compassionate glance
blesses us with serenity.

om̐ bhaganetrabhide namaḥ

ॐ भगनेत्रभिदे नमः ।

98) You are not-manifest and beyond the un-manifest.

om̐ avyaktāya namaḥ

ॐ अव्यक्ताय नमः ।

99) You are the master-remover of
ignorance, suffering and death.

om̐ dakṣādhvaraharāya namaḥ

ॐ दक्षाध्वरहराय नमः ।

100) You are the remover of all guilt and hurt.

om̐ harāya namaḥ

ॐ हराय नमः ।

101) You are the sun of compassion,
giver of unconditional acceptance.

om̐ pūṣadantabhīde namaḥ

ॐ पूषदन्तभिदे नमः ।

102) You are ever in uninterrupted
contemplation of your limitless being.

om̐ avyagrāya namaḥ

ॐ अव्यग्राय नमः ।

103) Being the eye of the universe,
you are all eyes and the eye of the eye.

om̐ sahasrākṣāya namaḥ

ॐ सहस्राक्षाय नमः ।

104) You have countless feet.
All feet are your feet in which I take refuge.

om̐ sahasrapade namaḥ

ॐ सहस्रपदे नमः ।

105) You bless all devotees with mokṣa; freedom
from ignorance and suffering.

om̐ apavargapradāya namaḥ

ॐ अपवर्गप्रदाय नमः ।

106) Your nature is endless-ness;
limit-less; death-less; birth-less.

om̐ anantāya namaḥ

ॐ अनन्ताय नमः ।

107) You bless us to cross the
shoreless ocean of becoming.

om̐ tārakāya namaḥ

ॐ तारकाय नमः ।

108) You are limitless-intelligent-being manifest in
all order and disorder which is in ultimate order.

om̐ parameśvarāya namaḥ

ॐ परमेश्वराय नमः ।

om̐ tatsat iti śivanāmāvaliḥ

ॐ तत्सत् इति शिवनामावलिः ।

om̐ śāntiḥ śāntiḥ śāntiḥ

ॐ शान्तिः शान्तिः शान्तिः ॥

Tracks eight, nine & ten: Śiva-Dhyānam Mantraḥ

om namaste astu bhagavan viśveśvārya mahādevāya
tryambakāya tripurāntakāya trikālāgni-kālāya
kālāgni-rudrāya nīlakaṅṭhāya mṛtyuñjayāya
sarveśvarāya sadāśivāya śrīmanmahādevāya namaḥ

ॐ नमस्ते अस्तु भगवन्विश्वेश्वराय महादेवाय त्र्यम्बकाय

त्रिपुरान्तकाय त्रिकालाग्निकालाय कालाग्निरुद्राय

नीलकण्ठाय मृत्युञ्जयाय सर्वेश्वराय सदाशिवाय

श्रीमन्महादेवाय नमः ॥

Tracks eleven, twelve & thirteen: Mṛtyūn-Jāyā Mantraḥ

om trymbakaṁyyajāmahe sugandhim puṣṭivardhanam
urvārukamiva bandhanānmṛtyormukṣīya mā'mṛāt

ॐ त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् ।

उर्वारुकमिव बन्धनान्मृत्योर्मुक्षीय मामृतात् ॥

Track fourteen: Pūrṇamadaḥ Śāntiḥ Mantraḥ

om pūrṇamadaḥ pūrṇamidaṁ pūrṇāt pūrṇamudatcyate
pūrṇasya pūrṇamādāya pūrṇamevāvaśiṣyate

om śāntiḥ śāntiḥ śāntiḥ

ॐ पूर्णमदः पूर्णमिदं पूर्णात् पूर्णमुदच्यते ।

पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥

ॐ शान्तिः शान्तिः शान्तिः ॥

॥ श्रीः ॥

श्री स्वामी वागीशानन्द सरस्वती

Śrī Svāmī Vāgīśānanda Sarasvatī

Śrī Svāmī Vāgīśānanda Sarasvatī is a senior disciple of Pūjya Śrī Svāmī Dayānanda Sarasvatī, and has been studying and teaching Vedānta since 1975.

Svāmī jī was in his teens when he became fascinated with mystical poetry and non-dualistic philosophies. In 1975, at the age of 19, he left his home in the United States and traveled to India to study in a traditional gurūkulam. After graduating from a three-year residential course in Vedānta and Sanskrit, he attended four subsequent three-year courses in the United States and in India.

Using the traditional methodology called saṁpradāya, Svāmī Vāgīśānanda 'unlocks' the scriptures of Vedānta, thereby removing the veil of ignorance; the cause of all human suffering. He is a traditional saṁnyāsi (a renunciant who is committed to a life of knowledge and has taken a vow of non-injury). A master of the South Indian Kṛṣṇa Yajur Veda style of chanting, Svāmī jī has traveled the world teaching Sanskrit, Vedic chanting and Vedānta.

ॐ Press

॥ हरिः ॐ ॥